

Post Spay Advice for Cats

Discharge Instructions for	
Piodilai go illoti aotiolio ioi	

Your pet has undergone a spay (Ovariohysterectomy) procedure today under general anaesthetic. Please read through this important information regarding the after care of your pet.

When you get home

Anaesthesia can affect cats differently. It is most likely that they will be quieter than normal and possibly a bit disorientated following their anaesthetic. This is usually short lived and can last for around 24hours.

The best thing to do is provide your pet with a nice warm and quiet place to relax and sleep. Even though your pet might seem a little out of sorts, they should still be responsive. The nurse will check them over prior to discharge to assess if they are suitable to go home. If you are at all worried about your pet when you get them home please call the surgery immediately on 01743 360 614.

Home Management

Cats should be kept indoors for 10 days. They will need to have easy access to all their normal amenities such as litter boxes, food and water. If you have other pets in the household it is probably best to keep your cat in a separate room to give them a quiet place to recover. But please make sure they have access to the amenities as described above.

Feeding your pet post surgery

It is recommended that you feed your pet something bland like chicken and rice, or you can buy special gastrointestinal recovery food from us. They can have their own food, but sometimes the anaesthetic can cause upset tummies. We advise that you feed your pet small amounts of food little and often for the next 24 hours and then slowly switch them back onto their normal food again. Fresh clean drinking water should always be available.

Wound Interference

Your pet will have been given either a cone to wear. You must make sure that your pet wears this at all times to stop your pet from interfering with the wound. Wound interference from your pet could mean that it will set back healing and recovery times and possibly lead to major complications and additional costs.

It is advised that you check your pets wound daily for any signs of infection or excess discharge or swelling around the wound. Your pet will have intradermal (skin) sutures in and these will dissolve.



Exercise

It is so important that exercise is restricted, to allow for healing. Cats must be kept indoors for 10 days and limiting movement around the house is advisable. Maybe keeping them confined to a room for the first few days is a good idea. The nurse will see your pet back in 2-3 days and again in 10 days to make sure everything is healing well. At the 10 day check, after your pet has been 'signed off' we can best advise you on how to proceed from then.

How can I keep my pet comfortable

On the day of the surgery your pet will have received all the pain relief needed via injection. The vet will also prescribe a short course of pain relief for you to give at home. The pain relief prescribed is a non steroidal anti inflammatory and will help keep your pet comfortable post surgery. If you notice your pet has any vomiting or diarrhoea when on this medication then please stop giving it to your pet and call us for further advice. Please see the table below for medication details and instructions.

Medication Dispensed
Type of medication
When to start medication
Duration and Instructions
Post Operative Check appointments - As mentioned we would like to see your pet back in 2-3 days and again in 10 days, this will be a 10/15 minute appointment with the nurse or vet.
1st post op check has been booked for
Appointment date Time
2nd post op check has been booked for
Appointment date Time

If you have any further questions please do not hesitate to contact us on 01743 360 614